Tanner St Bulletin Volume 9 Week 15

April 2020

Worship
Sunday 10:20 am & 5:00 pm
Bible Study
Sunday 9:30 AM
Wednesday 7:00 PM

Anxiety & Worry

Many in our society are experiencing changes that were only in the minds of conspiracy theorists and preppers until just a month or so. We have been instructed, to various degrees, that we must "stay-at-home" so that an unseen but very real threat can be contained. We are seeing numbers flash across our screens that can, and maybe have, cause men and women to act in unfriendly ways toward others. Some of us have received news that a friend or family member is receiving treatment or has been diagnosed as infected with the virus. We check the various sources that keep us informed about how these things are progressing in our nation and around the world.

We read of declarations and mandates from cities, states, and our country that seem to be too aggressive, or too lenient. We hear of arrests and fines for activities that were normal just a few weeks ago. We see pictures of mass burial or refrigerated trailers for the dead. We are not able to visit with family or friends. Trips are cancelled, school does not meet. People are losing jobs and stores are closing. No more eating out or just browsing through the store.

Some have even been told that they cannot meet to worship God. Some of our brethren across the country have chosen to close the doors to all personal gatherings. This has caused distress among many brethren. We worry that this will encourage the weak to embrace 'virtual' gatherings and forsake the physical assembly with the saints even more. Some of these concerns are even among the very brethren that have been told by their leaders that they cannot assemble.

Come to Me, all who are weary and heavy-laden, and I will give you rest.

Matthew 11:28

Store In My Heart Exodus 20:1-3

Then God spoke all these words, saying, "I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery. You shall have no other gods before Me."

While this verse is not directed specifically to us today, it does emphasize a principle that is important for us to understand.

God identified Himself to the Israelites before making this demand of them. He made certain they knew to whom they were obligated. Without such identification it would have been difficult to later rebuke them for worship offered to other entities.

God has identified Himself to us today as well. He has made clear that we are to submit to the one who gave His Son for our sins. We do not serve just any god, but the one and only God who has already given of himself for us.



Contact Us

We want opportunities to speak with others about the Lord's Kingdom.

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For Our Information

Remember our brethren who are in isolation at this time. They need our calls and our prayers.

Some are still dealing with illness that has nothing to do with the virus, but need to stay isolated because of the virus.

Spend an extra hour or two in Bible reading and prayer. Especially if you have more time because you are not at work.

Pray for safety, courage & healing.



All of these things can cause anxiety and worry if we are not careful. They can lead to hurt feelings, misunderstanding, and even spiritual harm. Most all would say "We just need to trust in God." Yet that alone does not alleviate our concerns. What can we do to help our self and our brethren overcome this difficulty?

Might I suggest that we TURN to God! We need to get our minds away from the things that are causing our worry if we ever want to find peace. Instead of spending time checking all the sources for new, alarming information, we need to put our minds on God and His will. An extra hour of Bible reading each day will go along way toward clearing our thoughts of the chaos around us. Look for opportunities to learn more about what God wants of us. There are a plethora of videos online that cover most of the content found in God's Word. Some of these are new endeavors brought about by some of the restrictions that can cause us worry and that in itself will help us overcome. Notice how brethren have risen to the challenge to make sure that we continue to be fed with God's message even as we are unable to gather as often.

Look through your bookcase or boxes for those old class books and bulletins. Read them again. Use them to study a topic or to refresh your mind in the Word. I see many folks promoting secular books to help deal with this situation. Have you looked at the ebook offerings from brethren? Do you listen to audio books? Why not spend some time listening to the Bible?

Get outside and notice nature. To the Christian that should be a strong pointer to the Creator of our world. It should cause us to ponder God as we hear the birds singing and see the small critters going about the business of life. This time of year is a reminder of life and youth. The trees are filling with leaves, flowers are blooming, the insects are buzzing around all full of life. God made all of this and set it in motion such that it would continue. No matter how gloomy life may seem, God is in control and if we will turn to Him we can find peace and rest.

Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:29